

Free Admission



50+ Fitness Fairs!

Get fit, while having fun this spring.

Interested in hiking, bicycling, canoeing, backpacking, tennis, adaptive sports, gardening? Hear about ways to get fit in NYC for those age 50 and over—for little or no money.

Find out how...

at The New York Public Library.

Friday, April 24, 2009, 3-8 P.M.

Bronx Library Center, 310 E. Kingsbridge Road, Bronx

Tuesday, April 28, 2009, 3-7 P.M.

Stephen A. Schwarzman Building, Berger Forum, Room 227,
Fifth Avenue and W. 42nd Street, Manhattan

Saturday, May 2, 2009, 11 A.M.-4 P.M.

Richmondtown Library, 200 Clarke Avenue, Staten Island

Saturday, May 16, 2009, 12P.M.-4 P.M.

Countee Cullen Library, 104 West 136th Street, Manhattan



The New York Public Library
<http://www.nypl.org>

Free Raffles!

Some of the organizations that will be present at one or more of the fairs:

Appalachian Mountain Club

Bike New York

Bronx River Alliance

National Park Service

NYC Dept. of Aging

NYC Dept. of Parks and
Recreation

NYC Dept. of Transportation

NY/NJ Trail Conference

Open Space Greening
Program/Council on the
Environment of NYC

Outdoors Club, Inc.

Shorewalkers

Transportation Alternatives

Wave Hill

Wheelchair Sports Federation

No pre-registration necessary. For more information:

Bronx Library Center—718-579-4244

Stephen A. Schwarzman Bldg.—917-ASK-NYPL (917-275-6975)

Richmondtown Library—718-668-0413

Countee Cullen Library—212-491-2070

All fair locations are fully accessible to people using wheelchairs.



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<http://www.nypl.org>